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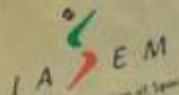
Biennial International Congress of Iranian Society of Knee Surgery, Arthroscopy & Sports Traumatology (ISKAST)

کنگره دوسالانه بین‌المللی انجمن جراحان زانو، آرتروسکوپی و آسیب‌های ورزشی ایران

دومین

Convention Center, Kish Island,
Persian Gulf Iran
Feb 21-24, 2012

۲-۵ اسفند ۱۳۹۰
مرکز همایش‌های جزیره کیش

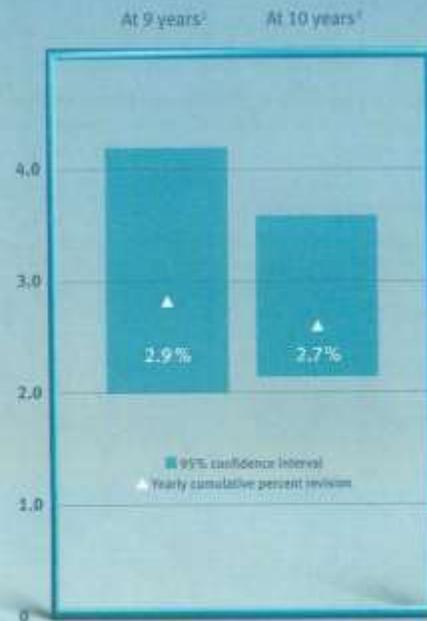


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¹ Australian Orthopaedic Association National Joint Replacement Registry Annual Report, Adelaide: AOA; 2010

² Australian Orthopaedic Association National Joint Replacement Registry Annual Report, Adelaide: AOA; 2011

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**INTERNATIONAL CONGRESS OF IRANIAN SOCIETY OF KNEE SURGERY,
ARTHROSCOPY & SPORTS TRAUMATOLOGY (ISKAST)**



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INTERNATIONAL CONGRESS OF IRANIAN SOCIETY OF KNEE SURGERY, ARTHROSCOPY & SPORTS TRAUMATOLOGY (ISKAST)



WELCOME MESSAGE

President's Welcome



M. Jabal Ameli M.D
Congress President



M. Razi M.D
ISKAST President

Dear friends and colleagues;

It is a great pleasure to invite you to attend the 2nd biennial international congress of Iranian Society of Knee Surgery, Arthroscopy and Sports Traumatology, ISKAST. Dated on February 21-24, 2012, Taking place in the international convention center of Kish Island in Persian Gulf, Iran.

The congress aims to promote our understanding of Knee surgery, total knee arthroplasty, arthroscopic surgery of all joints, and sports Traumatology as multidimensional orthopedic concerns. By bringing together all clinical professionals with an interest in orthopedic sport's medicine and arthroscopic surgery and all the specialties that deal with sports traumatology, the congress promotes exchange of basic and clinical science ideas and awarding for new thoughts in an effort in order to reach a better way for treatment of patients and athletes as well as an increase in the quality of research in these fields.

The four day congress will include an excellent variety of educational opportunities such as keynote lectures, paper presentations, lectures, debates, symposia, hands on workshops, instructional course lectures and technical exhibits. We will provide a variety of new therapeutic, prophylactic and specific techniques and skills. All will be available not only for orthopedic surgeons, but also for sport's medicine specialists, rehabilitation doctors, physiotherapists, and all related specialties.

We hope you enjoy this congress.

Organizer

Iranian Society of knee, Arthroscopy & Sports Traumatology

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INTERNATIONAL CONGRESS OF IRANIAN SOCIETY OF KNEE SURGERY,
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PARTNERS



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INTERNATIONAL CONGRESS OF IRANIAN SOCIETY OF KNEE SURGERY, ARTHROSCOPY & SPORTS TRAUMATOLOGY (ISKAST)



PROGRAM

Monday, 20 Feb, 2012

16:00 - 20:00 PM Onsite Registration

18:00 - 21:00 PM Opening Ceremony

Kish Island Convention Center

Day 1 Tuesday, 21 Feb.2012

Main Auditorium

ICL 1 Failure of the ACL Reconstruction Prevention and Management Moderator: M.M.Malek

7:30	What are the Criteria of Failure and Who is the Candidate for Revision?	<i>E.Shafiei</i>
7:45	The Basic Principles to do an ACL Revision Surgery	<i>R.Cugat</i>
8:00	How do I deal with failure of ACL?	<i>M.M.Malek</i>
8:15	Discussion	
8:30	Break	

Auditorium 2

ICL2 Non-Operative Management of Knee Osteoarthritis Moderator: P.Sancheti

7:30	Knee OA After ACL Injury-Meniscus is the Main Culprit	<i>G.Demey</i>
7:42	Non-surgical Management of Osteoarthritis of Knee	<i>P.Sancheti</i>
7:54	Exercise Therapy and Rehabilitation of Osteoarthritis	<i>J.Sandhu</i>
8:06	Prevention and Management of Early Osteoarthritis; The Challenges and the Unknowns of Osteoarthritis	<i>E.Eriksson</i>
8:18	Discussion	
8:30	Break	

Main Auditorium

Knee: Difficulties in TKR

Chair: G.Shah cheraghi, Cochair: M.Tahmasbi

9:00	The Painful Knee After TKA: A Diagnostic Algorithm	<i>S.Hofmann</i>
9:15	TKA in Severe Varus and Valgus Deformities of the Knee	<i>P.Sancheti</i>
9:30	Primary TKA in Extra Articular Deformities of the lower limb	<i>S.Hofmann</i>
9:45	Diagnosis and an agement of infection in TKA	<i>S.Hofmann</i>
10:00	TKA in Flexion and Recurvatum Deformities	<i>J.Parvizi</i>
10:15	Discussion	
10:30	Break	

Auditorium 1

Shoulder: Instability

Chair: A.Ziaee, Cochair: Guity

9:00	Biomechanics of Multiple Shoulder Instability	<i>E.Itoi</i>
9:12	Alternative Techniques in Shoulder Instability	<i>G.DiGiacomo</i>
9:24	Conservative Management of initial Gleonohumeral Joint Dislocation	<i>E.Itoi</i>
9:36	Arthroscopic Rempissage Procedure for Shoulder Instability With Hill-Sachs Lesion	<i>J.Willems</i>
9:46	posterior shoulder instability and arthroscopic posterior bone block	<i>B.Toussaint</i>
9:58	Modified Latarjet procedure	<i>G.DiGiacomo</i>
10:10	Arthroscopic Latarjet	<i>B.Toussaint</i>
10:22	Discussion	
10:30	Break	

Auditorium 2

Sports Injury Rehabilitation

Chair: E.Eriksson, Cochair: M.Razi

9:00	Rehabilitation After ACL Reconstruction	<i>E.Eriksson</i>
9:20	Sports After TKA	<i>F.Mazoochian</i>
9:40	Rehabilitation After Meniscectomy and Meniscal Repair	<i>E.Eriksson</i>
10:00	New Horizon in Rehabilitation After MCL Injury & PLC Post Reconstruction	<i>R.Cugat</i>
10:20	Discussion	
10:30	Break	



INTERNATIONAL CONGRESS OF IRANIAN SOCIETY OF KNEE SURGERY, ARTHROSCOPY & SPORTS TRAUMATOLOGY (ISKAST)



Day 1 Tuesday, 21 Feb. 2012

PROGRAM

Main Auditorium

Knee: Osteotomy

Chair: V.Heerwarden , Cochair:H.Faezipoor

- 11:00 What should You Know for Planning an Osteotomy?
S.Hofmann
- 11:15 Double Level Osteotomy of the Knee *V.Heerwaarden*
- 11:30 Osteotomy Around the Knee in Medial Femoro-Tibial Osteoarthritis, Techniques and Indications. *G.Demey*
- 11:45 Management of Miserable Deformity *V.Heerwaarden*
- 12:00 Modified Retro-Tubercle Opening Wedge Versus Conventional High Tibial Osteotomy *S. Keyhani, M. Abbasian (paper)*
- 12:08 Clinical Results of Reversed V-Shaped High Tibial corticotomy *F.Madadi (paper)*
- 12:16 Discussion
- 12:30 **Pray and Lunch Time**

Knee: Patellofemoral

Symposium:Management of Patellofemoral Instability
Chair: P.Erasmus , CoChair: A.Torkaman

- 14:30 Assessment of Patellofemoral Instability, How to Approach?
P.Erasmus
- 14:45 Patellofemoral Instability and Pain a Surgical Treatment Algorithm
V.Heerwaarden
- 15:00 Long term follow-up of MPFL reconstructions, (surgical demonstration of MPFL reconstruction *P.Erasmus*
- 15:15 Trochleoplasty and Dysplastic Trochleas, Surgical Indications and Results *R.Verdonk*
- 15:30 Relationship Between Patella Height and Successful MPFL Reconstruction *P.Erasmus*
- 15:45 Revision Surgery for Failed Patellofemoral Realignment Surgery *V.Heerwaarden*
- 16:00 Management of Patellofemoral Arthritis *J.Parvizi*
- 16:15 Treatment Options for the Painful Patellofemoral Joint *S.Hofmann*
- 16:30 Discussion
- 17:00

Auditorium 1

Shoulder

Chair:A.Khorsandi , Cochair:H.Aslani

- 11:00 Minor Instabilities and Internal Derangements of the Shoulder
J.Willems
- 11:15 Arthroscopic Suprascapular Nerve Decompression
B.Toussaint
- 11:30 Hagl Lesion Diagnosis and Treatment *J.Willems*
- 11:45 Prognostic Factors of Arthroscopic Repair of Type II SLAP lesion
P.Yung
- 12:00 Panel: Shoulder Instability
Moderator: *J.Willems*
Members: *M.guity, E.Itoi, B.Toussaint, P.Yung, .DiGiacomo*
- 12:30 **Pray and Lunch Time**

Auditorium 2

Musculoskeletal Imaging

Chair: Hadizadeh , Cochai:K.Y.Chan

- 11:00 Extra Articular Musculoskeletal Imaging in Detection & Management of Sports Injury
H.Hadizadeh
- 11:15 Knee MRI:PLS evaluation *R.Sadeghi*
- 11:30 Shoulder MRI *K.Y.Chan*
- 11:45 Ankle MRI:impingments *R.Sadeghi*
- 12:00 Wrist MRI *H.Hadizadeh*
- 12:15 Q&A
- 12:30 **Pray and Lunch Time**

The Groin Pain in Sports

Chair: A.Akash , Cochair:PYung

- 14:30 Groin Pain Syndrome *M.Razi*
- 14:45 Imaging in Groin Injuries: Imaging in hip and labral injuries
H.Hadizadeh
- 15:00 The Clinical Diagnosis of Hip and Groin Pain. Soft Tissue, Bone and Joint Problems in Athletes *M.Mohajer*
- 15:15 History of Hip Arthroscopy and Where We Are Today
E.Eriksson
- 15:30 Arthroscopic Treatment of Hip labral Tear-Resection vs. Repair vs. Reconstruction
P.Yung
- 15:45 Sports After THA *F.Mazoochian*
- 16:00 Discussion
- 16:20



Day 1, Tuesday, 21 Feb. 2012

WORKSHOPS

- 12:30
- Room 1
How to deal with a Difficult primary knee? *Dr. S Hoffman*
Tehran Sutures(Zimmer.co)
- Room2
Using PRP in orthopedic field and sport *Dr.Mina Raji*
Regenlab (Rougine Darou).co
- Room 3
The effects of shoe modification on knee disorders *M.Kamyab*

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INTERNATIONAL CONGRESS OF IRANIAN SOCIETY OF KNEE SURGERY,
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PROGRAM

Day 2 Wednesday, 22 Feb. 2012

Main Auditorium

ICL 3
Management of Knee Arthritis in the Young
Moderator: J.Parvizi

7:30	Young Patients... Old Knee: Etiology and Treatment Options	<i>R.Verdonk</i>
7:45	Solutions Before TKA in Young and Active Patients	<i>S.Hofmann</i>
8:00	Unicondylar Knee Arthroplasty: Who is a Candidate	<i>J.Parvizi</i>
8:15	Discussion	
8:30	Break	

Auditorium 2

ICL 4
Return to Play After Knee Sports Injury With and Without Surgery
Moderator: EBS.Ramanathan

7:30	A Systematic Approach in Return To Play Decisions	<i>F.Ghazalian</i>
7:45	Return to Sport After ACL Reconstruction	<i>E.Eriksson</i>
8:00	Return to Play After Other Knee Lig. Injuries (MCL, Menisci...)	<i>EBS.Ramanathan</i>
8:15	Discussion	
8:30	Break	

Main Auditorium

Shoulder: Rotator Cuff

Chair: E.Itoi , CoChair:S.Mehdipoor

9:00	Technique and Results of Arthroscopic Rotator Cuff Repair With Complete Video Presentation	<i>G. D. Giacomo</i>
9:13	Rotator Cuff Tear: How to Find Responders to Conservative Treatment	<i>E.Itoi</i>
9:26	Partial Rotator Cuff Tear	<i>J.C.Yoo</i>
9:39	Massive Rotator Cuff Tear	<i>J.Willems</i>
9:52	Subscapularis Repair (Current Concept)	<i>J.C.Yoo</i>
10:05	Rotator Cuff Injury: Why I Do Not Repair	<i>E.Eriksson</i>
10:18	Discussion	
10:30	Break	

Auditorium 1

Knee:ACL paper presentation

Chair: H.Behdad , CoChair:M.Moghtadai

9:00	Keynote lecture:Role of PRP in the treatment of sports injuries of the knee	<i>R.Cugat</i>
9:20	Decreased knee extension strength in ACL reconstruction: Quadriceps avoidance or hamstring over activity?	<i>S.Pir Ali</i>
9:30	Evaluation of ACL reconstruction to compare stability and ligament loading in both single bundle and double bundle methods	<i>A. Zargham, BS, K.Leilnahari, Ph.D</i>
9:40	Timing of Anterior Cruciate Ligament Reconstruction and Incidence of Meniscal and Chondral Injury within the Knee	<i>H.Dadgostar</i>
9:50	Evaluation of the Impact of Platelet-Rich Plasma on Prevention of Tunnel Widening in ACL Recons.with Hamstring Tendons	<i>M.Tafkiki Alamdari</i>
10:00	Q&A	
10:30	Break	

Auditorium 2

Low back pain in athletes

Chair: K.Mazda , CoChair: J.Sandu

9:00	Current Concepts in Prevention, Treatments and Rehabilitation of LBP in Athletes	<i>K.Mazda</i>
9:20	Core stability and low back ache	<i>J.Sandu</i>
9:40	Exercise Therapy for Low Back Pain	<i>R.Kordi</i>
10:00	Sports Injuries Patterns in Junior Athletes	<i>A.SafarCherati</i>
10:20	Discussion	
10:30	Break	



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Day 2 Wednesday, 22 Feb. 2012

PROGRAM

Main Auditorium

Knee: Ligament, PLC

Chair: V.Heerwaarden , Cochair: M.T.Noorbakhsh

- 11:00 Role of Osteotomy in Knee Ligaments Instability *V.Heerwaarden*
- 11:15 Treatment of Acute PLC Injuries *M.T.Noorbakhsh*
- 11:30 Treatment of Chronic PLC Injuries *M.Razi*
- 11:45 PLC Insufficiency, 10 Years Results of Popliteofibular Ligament Reconstruction *V.Heerwaarden*
- 12:00 Panel Discussion: Posterolateral Corner Injuries of the Knee
Moderator: *M.Razi*
Members:
V.Heerwaarden
S.Johansen
M.T.Noorbakhsh
K.Ahadi

Pray and Lunch Time

Knee: ACL

Chair: Jin Hwan Ahn , Cochair: H.Yazdi

- 14:30 Management of ACL Injuries in Professional Athletes *R.Cugat*
- 14:45 Graft Choice for ACL Reconstruction *B.Tietjens*
- 15:00 Long-Term Results of ACL Repair and Allografts *R.Verdonk*
- 15:15 Single vs. Double Bundle ACL Reconstruction *S.Karaoglu*
- 15:30 ACL Reconstruction With Artificial Ligament *E.Eriksson*
- 15:45 Arthroscopic ACL reconstruction with preservation of remnant bundle
Jin Hwan Ahn
- 16:00 ACL Reconstruction-Options For the Asian Athlete
EBS.Ramanathan
- 16:15- Panel Discussion: Single vs. Double ACL Reconstruction
Moderator: *M.M.Malek*
F.M.Jaberi
S.Karaoglu
B.Tietjens
Jin Hwan Ahn

Auditorium 1

Shoulder

Chair: G.DiGiacomo , Cochair:N.Naderi

- 11:00 Update of AC Injuries *F.Azizi*
- 11:15 Biceps Incomplete Tear *J.C.Yoo*
- 11:30 Posterior Impingement Syndrome *H.Aslaani*
- 11:40 Panel Discussion: Rotator Cuff
Moderator: *E.Itoi*
Members:
J.Willems , *H.Aslaani* , *G.DiGiacomo* , *J.C.Yoo* , *A.Khorsandi*
M.Karahan

Pray and Lunch Time

Day 2, Wednesday, 22 Feb. 2012

WORKSHOPS

12:30

Room1

Open Case challenge 1
How to deal with a Difficult primary knee?
Tehran Sutures (Zimmer.co)

Room 2

Madison Primary Total Knee Prosthesis
Stéphane VALDES – Knee Product Manager
Aryan Pyramid co.

Room 3

Musculoskeletal sonography

R.Kordi

Auditorium 2

Muscle strain & Hamstring sports injuries

Chair: M.Schwellnus , Cochair:A.Safar Cherati

- 11:00 Modern Treatment Modalities for Soft Tissue Injuries in Sports
M.Schwellnus
- 11:15 Introducing A New Method To Measure Tibial Translatory Movements Between The ACL-Deficient And Normal Knees
A. Rahimi, Wallace WA
- 11:30 Genetic Factors Associated With Soft Tissue Injuries in Sports
M.Schwellnus
- 11:45 Prevention and Rehabilitation of Musculotendinous Junction Injuries
R.Cugat
- 12:00 Discussion
- 12:30 **Pray and Lunch Time**

Shoulder problems in athletes

Chair: G.DiGiacomo , Cochair:Nakhaei

- 14:30 Updates in "Overuse Shoulder" *G.DiGiacomo*
- 14:45 Athletes Shoulder *M.Karahan*
- 15:00 Prevention Strategies of Overuse Injuries of the Shoulder in Baseball, Tennis and Swimming
G.DiGiacomo
- 15:15 Secondary impingement syndrome *A.Nakhei*
- 15:30 Elbow and Wrist Overuse Injuries in Athletes *R.Moradi*
- 15:45 Discussion

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INTERNATIONAL CONGRESS OF IRANIAN SOCIETY OF KNEE SURGERY, ARTHROSCOPY & SPORTS TRAUMATOLOGY (ISKAST)



PROGRAM

Day 3 Thursday, 23 Feb. 2012

Main Auditorium

ICL 5 Updates in Ankle Injuries Moderator: N.Maffuli

7:30	Evaluation and Classification of Acute Ankle Injuries	<i>M.Movahedi</i>
7:45	Updates in Management of Acute Ankle Injuries	<i>M.Ayatollahi</i>
8:00	Management of Chronic Ankle Instabilities	<i>N.Maffuli</i>
8:15	Discussion	
8:30	Break	

Main Auditorium

Knee: Arthroplasty Chair: A.Ahmadli, Cochair: GH.Shah hoseini

9:00	How to Achieve Perfect Patella Tracking in TKA	<i>S.Hofmann</i>
9:15	TKA in Patients With Post-Traumatic Arthritis	<i>J.Parvizi</i>
9:30	Periprosthetic Fractures in Total Knee Arthroplasty	<i>M.Dhillon</i>
9:45	Cross Fire: Prophylaxis for DVT Following Knee Surgery	<i>J.Noroozi</i>
9:55	Prophylaxis for DVT Following Knee Surgery: Do We Need Toxic Drugs?	<i>J.Parvizi</i>
10:05	Evaluation of kneeling ability after total knee replacement in patients with osteoarthritis of the knee	<i>M. Mardani</i>
10:15	Discussion	
10:30	Break	

Auditorium 2

ICL 6 Kinesiology & Biomechanics of the Joints Moderator: M.Schwellnus

7:30	Abnormal Neuromuscular Control and Sports Injuries: The New Frontier	<i>M.Schwellnus</i>
7:45	Mediolateral load distribution in the knee joint (effect of malalignment on load distribution)	<i>I.Kutzner</i>
8:00	Kinetic & Kinematic of Normal Gait	<i>M.Heller</i>
8:15	Discussion	
8:30	Break	

Auditorium 1

Cartilage Chair: D.Goyal, Cochair: M.Ghazavi

9:00	Natural History of Untreated Cartilage Lesions	<i>R.Verdonk</i>
9:13	State of the Art in Treating Articular Cartilage Injuries (Algorithm)	<i>M.Malek</i>
9:26	How to Treat Larger Chondral Lesions (>4cm ²)?	<i>D.Goyal</i>
9:39	Viability of chondrocytes in fresh frozen osteochondral graft	<i>A. Khoshzaban</i>
9:52	Mosaicplasty	<i>S.Keyhani</i>
10:05	Biological Approach to Early OA Knee In Era of Replacement Surgeries!	<i>D.Goyal</i>
10:18	Fresh Osteochondral Allograft for Large Osteochondral Defects of the Knee	<i>M.Ghazavi, Pritzker KP</i>
10:30	Break	

Auditorium 2

Tendinopathy Chair: N.Maffuli, Cochair: M.Movahedi

9:00	Tendinopathy: Generalities and Aetiopathogenesis	<i>N.Maffuli</i>
9:20	What is Tendinopathy and Why Does it Happen? Does Eccentric Training Really Work?	<i>E.Eriksson</i>
9:40	Minimally Invasive Surgery For the Management of Tendinopathy	<i>N.Maffuli</i>
10:00	The effect of lateral wedge insole with and without subtalar strap on vertical component of Ground reaction force in knee osteoarthritis (paper presentation)	<i>M.Kamyab, E.Esfandyari</i>
10:20	Discussion	
10:30	Break	



INTERNATIONAL CONGRESS OF IRANIAN SOCIETY OF KNEE SURGERY, ARTHROSCOPY & SPORTS TRAUMATOLOGY (ISKAST)



Day 3 Thursday, 23 Feb. 2012

PROGRAM

Main Auditorium

Knee: Meniscus

Chair: R.Verdonk , Cochair: S.Rahbar

- 11:00 The Biology of Meniscus Repair *R.Verdonk*
- 11:15 When to Resect and When to Repair *P.Sanchetti*
- 11:30 Radial Cleavage Tears and Cysts of the Lateral Meniscus
B.Tietjens
- 11:45 Meniscus Transplantation and Meniscus Scaffolds: State of the Art
R.Verdonk
- 12:00 Post Meniscectomy Osteonecrosis *B.Tietjens*

12:15 Discussion

12:30 **Pray and Lunch Time**

Knee: MCL

Medial and Posteromedial Corner of the Knee

Chair: M.Habibi Cochair: H.Behdad

- 14:30 Anatomy and biomechanics of the medial knee *S.Mehdipoor*
- 14:50 How Do I Do MCL Repair? *M.Razi*
- 15:10 Management of Acute and Chronic Injuries of the Posteromedial Corner of the Knee
A.Moshiriabadi
- 15:40- Panel Discussion: MCL and Concomitant Injuries
Moderator: *M.Razi*
Members: *H.Farahini*
R.Verdonk
A.Moshiriabadi
H.Behdad
M.KarimiMobarakeh

Auditorium 1

Ankle

Chair: M.Movahedi

- 11:00 Classification and Management of Ankle Impingement
M.Movahedi
- 11:15 Hind Foot Arthroscopy *N.Maffuli*
- 11:30 Tendinoscopy of Achilles, Tibialis Posterior, and Peroneal Tendon
N.Maffuli
- 11:45 Tendon Injuries Around the Ankle *M.Ayatollahi*
- 12:00 Management of the Osteochondral Lesions of the Ankle
N.Maffuli
- 12:15 Discussion
- 12:30 **Pray and Lunch Time**



Day 3, Thursday, 23 Feb. 2012

WORKSHOPS

12:30

Room 1

How to deal with difficult revisions?

Dr S.Hoffman

Tehran Sutures (Zimmer.co)

Room 2

Meniscus

Repair .Sequent™ Meniscal Repair devise

Pooyateb barabaran. Co

Auditorium 2

Sports Specific Injury of Upper & Lower Limbs

Chair: E.Eriksson , Cochair:A.MazaheriNejad

- 11:00 Alpine & Snowboarding Injuries: Role of Equipment & Future Concept in Preventions
E.Eriksson
- 11:15 Soccer Sports Specific Injury *F.Halabchi*
- 11:30 Martial Art sports Specific Injury *H.Dadgostar*
- 11:45 Wrestling Sports Specific Injury *A.MazaheriNejad*
- 12:00 The Changing Scenario of Sports Trauma *FarasatHussein*
- 12:15 Discussion
- 12:30 **Pray and Lunch Time**

Orthopedic Biomechanics

Chair: M.Schweltnus , Cochair: F.Farahmand

- 14:30 Computer modeling in human joints *F.Farahmand*
- 14:50 Measurement of Nouromuscular Control During Normal Gait
M.Schweltnus
- 15:10 Abnormal biomechanics in patellofemoral syndrom
K.Y.Chan
- 15:30- Discussion
- 15:45



INTERNATIONAL CONGRESS OF IRANIAN SOCIETY OF KNEE SURGERY,
ARTHROSCOPY & SPORTS TRAUMATOLOGY (ISKAST)



PROGRAM

Day 4 Friday, 24 Feb. 2012

Main Auditorium

ICL 7

Knee Extensor Mechanism Rupture in Athletes

Moderator: B.Tietjens

7:30	Injuries to the Extensor Mechanism	<i>M.Malek</i>
7:45	Neglected Rupture of Patellar Tendons	<i>B.Tietjens</i>
8:00	Neglected Rupture of the Quadriceps Tendon	<i>K.Ahadi</i>
8:15	Discussion	
8:30	Break	

Main Auditorium

Knee: Ligaments

Symposium: Posterior Instability of the Knee

Moderator: B.Tietjens

9:00	Natural History of Isolated PCL Injuries	<i>B.Tietjens</i>
9:15	Arthroscopic PCL reconstruction using posterior trans-septal portal	<i>Jin Hwan Ahn</i>
9:30	An Alternative Posteromedial Approach for PCL Reconstruction	<i>B.Tietjens</i>
9:45	Arthroscopically Assisted PCL Reconstruction, Technique, Result and 10 Years Follow-Up	<i>M.M.Malek</i>
10:00	Clinical Outcomes of One-Bundle Arthroscopic PCL Reconstruction with Achilles tendon Allograft (paper)	<i>M.Ebrahimzadeh A. Birjandi-Nejad</i>
10:10	Discussion	
10:30	Break	

Auditorium 2

Chair: M.Sanjari

9:00	Motion Analysis techniques	<i>M. Sanjari</i>
9:20	Genetics & Sports	<i>FarasatHussein</i>
9:40	Motion Analysis clinical applications	<i>M. Sanjari</i>
10:00	Physical modalities in sports medicine	<i>M.Raygani</i>
10:20	IKDC Questionnaire Assessment (Validity & Reliability)	<i>Rahimi</i>
10:30	Break	



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Main Auditorium

PRP Injection, Gene Therapy and Stem Cell, MACT

Chair: A. Esmaeeli jah , Cochair: D. Goyal

11:00	Introduction to stem cells Rooyan Institute	<i>H. Baharvand</i>
11:15	Basic Biologic Aspect of PRP	<i>D. Goyal</i>
11:30	The effect of platelet gel growth factors on proliferation and differentiation of bone marrow mesenchymal stem cells to osteoblasts and osteogenesis.	<i>N. Amirizadeh, Amani</i>
11:45	Stem Cell & Gene Therapy	<i>R. Shirkohi</i>
12:00	Mesenchymal stem cell in osteoarthritis: Royan experience	<i>N. Aghdami</i>
12:15	Discussion	

12:30

Closing Ceremony



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Consult experts

Dear Colleagues,

You can consult your problem cases or ask your questions directly from experts in the following schedule:

Day 1, Tuesday, 21 Feb. 2012

Room 1

(11:00-12:00)



Cugat Ramon, M.D, PHD

Room 2

(14:30-15:30)



Itoi Eiji, M.D, PHD

Room 3

(11:00-12:00)



Malek M. Mehrdad, M.D

Day 2, Wednesday, 22 Feb. 2012

Room 1

(11:00-12:00)



Erasmus Pieter, M.D

Room 2

(11:00-12:00)



Hofmann Siegfried, M.D

Room 3

(11:00-12:00)



Verdonk Rene, M.D

Day 3, Thursday, 23 Feb. 2012

Room 1

(11:00-12:00)



Parvizi Javad, M.D

Room 2

(11:00-12:00)



Goyal Deepak, M.D

Room 3

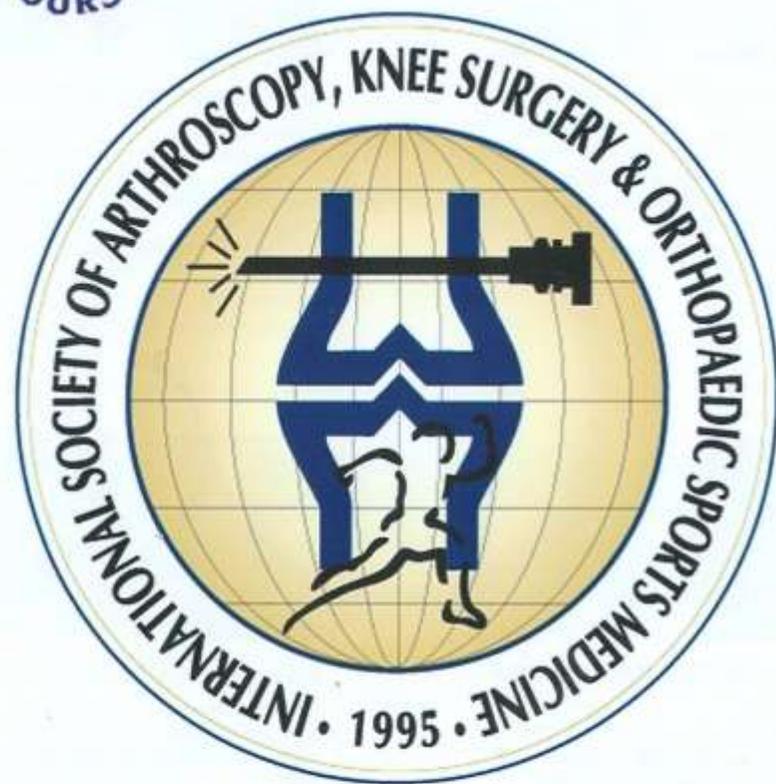
(11:00-12:00)



Schwellnus Martin, M.D

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INTERNATIONAL FACULTY (A-Z)



Ahn Jin Hwan, M.D

Country: South Korea
Orthopedic surgeon
Department of orthopedic surgery Samsung
medical center Sungkyunkwan university
Seoul



Azizbaig Mohajer Mohammad, M.D

Country: Austria
Orthopedic surgeon, Hip Surgery
Member of ASHA (Austria society of hip arthroscopy)
Honorary member of HIS (Iranian hip society)



Kin Yuen Chan, M.D

Country: Malaysia
Orthopedic surgeon
Knee Surgery, Shoulder Replacement Surgery
Consultant Orthopedic Surgeon in Gleneagles Hospital,
Kuala Lumpur
Sime Darby Medical Centre
Subang Jaya, Selangor



Cugat Ramon, M.D, PHD

Country: Spain
Orthopedic Surgeon
President of the Medical Council and Member of Medical
Staff for the Catalan Soccer Delegation's Health Insurance
Company
Head of Trauma and Orthopedic Surgery for the "Mutua
Patronal
Montañesa"
Hospital Quiron, Barcelona



Demey Guillaume, M.D

Country: France
Orthopedic Surgeon
Junior Member of SoFCOT
Member of ALRM
Member of Albert-Trillat Association
Hospital: La Croix Rousse, Lyon



Dhillon Mandeep, M.D

Country: India
Orthopedic Surgeon
Arthroscopy, Joint Replacement and Foot and Ankle
and Sports Related Problems
Head of Orthopedics and Physical Medicine Departments at PGI
Chandigarh



Di Giacomo Giovanni, M.D

Country: Italy
Orthopedic Surgeon
Shoulder Arthroscopy, Knee and Elbow
Consultant Orthopedic Different Football
Teams and Italian Football



Erasmus Pieter, M.D

Country: South Africa
Orthopedic Surgeon
MBChB, MMed (Ortho), Medicine; Orthopedic
Surgery
Life Rosepark Hospital
Knee Clinic, Cape Town Area

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Eriksson Ejnar, M.D

Country: Sweden
General Surgery
Orthopedic Surgeon
Professor of Sports Medicine (Sports Orthopedic Surgery)
at the Karolinska Institute, Stockholm
Head of Dept. Arthroscopy and Sports Orthopedic Surgery,
Karolinska Hospital, Stockholm



Goyal Deepak, M.D

Country: India
Orthopedic Surgeon
Consultant Knee Joint Surgeon Apollo Hospital,
Sterling Hospital, SAL Hospital, CL Hospital,
Medisurge Hospital, Pukhraj Hospital,
Indus Hospital; Ahmedabad



Heller Markus, PHD

Country: Germany
Principal Investigator of Traumatology and
Reconstructive Surgery
Julius Wolff Institut for Biomechanics and
Musculoskeletal Regeneration
Musculoskeletal Biomechanics, Berlin



Hofmann Siegfried, M.D

Country: Austria
Orthopedic Surgeon, Hip and Knee
Head Knee Training Center LKH Stolzalpe
Head Joint Reconstruction Team
Abu Dhabi Knee & Sports Medicine Centre, UAE
Stolzalpe Austria



Itoi Eiji, M.D , PHD

Country: Japan
Professor and Chair , Tohoku University Sch of Med
Senior Research Fellow, Mayo Clinic
Medical Science , Osteoporosis
Member of Asian Shoulder Association, SICOT,
American Shoulder and Elbow Surgeons, ISAKOS



Karahan Mustafa, M.D

Country: Turkey
Orthopedic Surgeon
Knee Surgery, Shoulder Surgery, Sports Traumatology
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Marmara University School of Sport Sciences
and Sports Directorate of Health Research and
Application Center



Karaoglu Sinan, M.D, M.S, PHD

Country: Turkey
Orthopedic Surgeon
Arthroscopy, Knee Surgery, Shoulder Surgery,
Sports Injuries
Department of Orthopedics and Traumatology
of Erciyes University,
Sport on Clinical Kayseri
ACIBADEM Kayseri Hospital



Maffulli Nicola, M.D, M.S, PHD

Country: England
Orthopedic and Sports Injury Surgeons
Foot and Ankle Surgery, Sports Trauma, Deformity
Correction and Complex Trauma, Knee and Ankle
Arthroscopy, Minimally Invasive Surgery of the Knee
and Foot and Ankle
Lead and Professor of Sports and Exercise Medicine,
at Queen Mary University of London
Newham University Hospital, London

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INTERNATIONAL FACULTY (A-Z)



Malek M. Mehrdad, M.D

Country: U.S.A
Orthopedic Surgeon
F.A.C.S., A.B.O.S., A.A.O.S
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Past President, Arthroscopy Association of North America (AANA)
President, National Knee Research and Education Foundation



Mazda Keyvan, M.D

Country: France
Pediatric Orthopedic Surgeon
Robert Debré Hospital and VII University, Paris
Member of the French Society of Pediatric Orthopedics (SOFOP) and the French Spine Society (SFCR)



Mazoochian Farhad, M.D

Country: Germany
Orthopedic Surgeon
Arthroplasty in Hip and Knee
Head of Arthroplasty Team at the
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Parvizi Javad, M.D

Country: USA
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Hip and Knee, Periprosthetic Joint Infection,
Joint Reconstruction in the Young, and Complex
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Professor of Orthopedic Surgery, Vice Chair and
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Ramanathan Sethu, M.D

Country: Oman
Orthopedic Surgeon, Arthroscopy and Sports
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Muscat Private Hospital & Khoula Hospital



Sancheti Parag, M.D

Country: India
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Sancheti Institute for Orthopaedics & Rehabilitation
(S. I. O. R)
Consultant Orthopedic Surgeon at SIOR
Visiting Consultant at University of Dundee, U.K.



Sandu Jaspal, M.D

Country: India
Orthopedic Surgeon, MBBS, MS (Ortho), DSM,
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Guru Nanak Dev University



Schwellnus Martin, M.D

Country: South Africa
Professor of Sports Medicine and Exercise Science,
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M.Phil (Sports Medicine) course co-ordinator,
UCT/MRC Research Unit for Exercise Science and
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Sports Physician
Sports Injury Epidemiology, Prevention, Diagnosis
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Tietjens Barry, M.D

Country: Newzeland
Orthopedic Surgeon, Orthopaedic Consultant
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Past President of the International Society for
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Toussaint Bruno, M.D

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World Leader in Arthroscopic Shoulder Reconstruction
University Hospital of Nancy



Van Heerwaarden Ronald, M.D, PHD

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Orthopaedic surgeon Maartenskliniek Woerden,
Netherland



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Country: Netherland
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Hospital & Health Care
Amsterdam Area



Yoo Jae Chul, M.D

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Department of Orthopedic Surgery,
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Associate Professor, Sungkyunkwan University School
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Yung Patrick, M.D

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The Chinese University of Hong Kong

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H.Dadgostar, M.D

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M.Ghazavi, M.D

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A.Mazaheri Nejad, M.D

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M.Sanjari, M.D

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G.Shah Cheraghi, M.D

GH.Shah Hoseini, M.D

R.Shirkoohi, M.D

M.Tafkiki Alamdari, M.D

M.Tahmasbi, M.D

A.Torkaman, M.D

H.Yazdi, M.D

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KISH ISLAND

Gem of the Persian Gulf

Kish Island has a unique situation in the Persian Gulf region among tens of large and small islands. This island is so beautiful and attractive that it has become known as the Pearl of the Persian Gulf since ancient times.

its calm coasts are covered with coral sands that shine in the sunlight, creating a unique and fascinating sight. The clear coastal waters allow one to view several meters deep into the sea and watch the beautiful movement of the fish. Diverse plants and native trees, as well as a pleasant climate seven months a year are among the outstanding characteristics of the island.

Tourist Attractions

As well as its natural coasts and peaceful environment, as a free trade zone, Kish has several modern shopping malls and entertainment centers.

Geography with an area of 90 square kilometers, the island is located only 18 km off the southern coast of Iran. This beautiful oval-shaped island is 15 km long and seven km wide. The distance from Kish to Tehran is 1052 km by air and 1600 km by land.

Climate

Temperature Kish has a warm and humid climate with an average temperature of 30 degrees Celsius. The weather is temperate and pleasant in fall and winter. The lowest temperature never falls below 3 degrees Celsius only a few days in the winter.

History of Kish Island

Kish has a long history of about 3,000 years, being called under various names such as Kamtina, Arakia, Arakata, and Ghiss in the course of time. In 325 BC, Alexander the Great commissioned Niarkus to set off an expedition voyage into the Sea of Oman and the Persian Gulf. Niarkus's writings indicate that he visited Araracta in the 4th century BC.

Kariz-e-Kish

Residents of Kish 10 centuries ago, with their Iranian inherent intelligence in building aqueducts-under ground canal-mostly known as Qanat or Kariz-stroked the coralline layers of Kish Island in search of potable water, were rewarded with "fresh water". For centuries afterwards, fresh sweet of Kish not only relieved the thirst of the local residents, but by exporting it to neighboring state, the local residents could swap it with sugar or cash. Kariz-e-kish is one of the tourist attracting foci of the island.

Harrirah

The ancient town of Harireh is most probably the town that the renowned Iranian poet, Sa'adi, has referred to in his book 'The Rose Garden'. There are references in the works of Iranian and Arab historians to the location of the town on the island. These say that the town was situated in the middle of the northern part, precisely where the ruins are standing today.

Water Reservoirs

With the innovation of desalination technology traditional water reservoirs became obsolete. But, what remains of them is a sight to visit for tourists. The architecture of these structures is unique and very interesting. To collect surface waters, two such reservoirs were built in the Portuguese Valley in 1992. An ancient water reservoir is Payab that is over 2,000 years old. It has been restored and is now one of the attractions of the island.

Congress date

Feb 21-24

Note: Credit cards are NOT accepted in Iran.

Language

The official language of the Congress is English

Language in Iran

Persian (Farsi) is the most widely spoken language.

Time Zone

The Iranian official time is GMT +3:30 h.



Congress Venue

Kish International Conventions Center Sahel Sq, Darya Blvd, Kish Island

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TECHNICAL EXHIBITS

Company Name: Tehran Sutures

Company Activity: Tehran Sutures Co. distributes a wide range of knee, hip, shoulder prosthesis, spine, trauma products and other required items of orthopedic field in Iran according with Zimmer's aim to fight against.

Address: No.24-Behaafarin St., Karimkhan Zand Ave. Tehran 15938, Iran p.o. Box: 14155-1768

Tel: 0098 21 88939400

Fax: 0098 21 88943812

Email: info@tehransutures.com

Web Site: WWW.tehransutures.com

WWW.zimmer.com

Company Name: Arkan Darman

Company Activity: Hip & Knee arthroplasty prosthesis, knee lig.

Address: 6th floor, No36, Sepand str, Nejatollahi Str, Karim Khan Zand Blvd, Tehran Iran.

Tel: +98(21)88907234-5

Fax: +98 (21)88894153

Email: arkandarman@neda.net

Company Name: Jalal Ara Company

Company Activity: A high quality of patient care in Iranian medical community.

Address: No.4, Pour Meshkani St., Shariati Ave., Tehran, Iran.

Tel: +98 (021) 8888 4888

Fax: +98 (021) 8888 7174

Email: info@jalalara.com

Web Site: WWW.Jalalara.com

Company Name: Pooya Teb Barabaran

Company Activity: Orthopedic trauma, Arthroscopic knee & shoulder reconstructive instruments & Power systems, Maxiofacial, Material.

Address: NO. 16, 2 Floors, Delgosha Tower, Kowsar Ave., Sattarkhan St., Tehran, Iran.

Tel: +98 (021) 6691 4008 - +98 (021)66948882

Fax: +98 (021) 6691 4009

Email: info@pooyateb.com

Web Site: www.pooyateb.com

Company Name: MedisA Raya Darman

Company Activity: Medical Instrument & Endoscopy

Address: No.34, 1 ST Floor, Aftab St, Ararat St, Seoul Ave, Tehran- 19949, Iran

Tel/Fax: +98(21)88621812-13, 88621343-7 / +98(21)88610247

Email: info@mardmed.com

Web: WWW.mardmed.com

Company Name: Sanofi-Aventis

Company Activity: Sanofi-Aventis is leading pharmaceutical company with different products in various Medical fields including Cardiovascular, cancer, Diabetes, Infectious disease, CNS.

Tel: +98 (021) 8864 9700

Fax: +98 (021) 8864 9710

Company Name: Fanavaran Aryan Pyramid

Company Activity: Medical Equipment

Address: No .3 , Niloufar Alley , Farmanieh St ; Tehran, Iran.

Tel/Fax: +98 (21) 261 32338 - 261 32339

Email: info@aryanpyramid.com

Company Name: Rougine Darou

Company Activity: Importation, Pharmaceuticals and medical equipment

Address: 3rd Floor, Kimia Bld, No.2, Corner of Abshar Alley, Eastern Maaref St., Farhang Blvd., Saadat Abad, Tehran -Iran

Tel: (+98 21) 27605000

Fax: (+98 21) 22140568

Email: WWW.rouginedarou.com

Company Name: Iranian Tissue Bank research & Preparation Center (I.T.B)

Company Activity: Allograft Production

Address: Tehran Imam, Khomeini hospital complex

Tel: (021) 6658 1520-2

Fax: (021) 6693 1818

Email: itb-info@sina.tums.ac.ir

Company Name: Tissue Regeneration Corporation

Company Activity: Ceno Bone - Ceno Tendon - Allograft Derived (Human based) Matrix - FDA & DFDBA Chips - Crushed - Matchsticks - Shaft - Wedge - Segment - Ring - Block

Address: No.8, Estern 19th, Saadat Abad, Tehran- Iran

Tel/Fax: ++ 9821 (88690071-75-76-78)

Call: ++98 (912 284 4889) Post al cod: 1998834373

Email: trc @ trclr . com

Sales @ trclr. Com

trc - S @ yahoo.com

WWW.Trclr.Com

Company Name: Corin Medical

Company Activity: Orthopaedic Implanet Manufacturer

Tel: +98 (021) 8875 9500

Fax: +98 (021) 8851 4561

Address: Suit 7 , 123 shahid Zehnal St., North Sohrevardi St., Tehran (1577717611), Iran

Email: medice@hotmail.com Web Site: WWW.CORIN.COM

Company Name: Rahteb Sazan

Company Activity: Medical field (Orthoped)

Address: Apt. 3rd, No 18, Shams Alley, Faramin St, Taleghani Ave. Tehran - Iran

Tel/Fax: (021) 66412631 / 66412687

Email: info@rahtebसान.com

Company Name: Nooshdarou Teb

Company Activity: Noushdarou Teb is a health product supplier such as pharmaceuticals, Food supplements and personal care products from following companies:

Cipla: Osteofos, Cobix, Finpeclia

Bioplus: Cartigen, Supracal, Glucogin, Lactol, Zincee

Schering-Plough: Andriol, Testo Cap

Biomet: Fermathron



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TECHNICAL EXHIBITS

Address: Flat-4 No .22 .5 th, street –North-Kargar –Ave
Tel/Fax: +98(21) 88247208 - +98(21) 88026753-5
Email: Info@nooshdarouteb.com

Company Name: SinaCell

Company Activity: Medical Tissue engineering and Biotechnology
Address: No. 33 , 4th floor, 467 Building, North Amir Abad Avenue, Tehran,Iran.
Tel: +98 (021) 8802 1517
Fax: +98 (021) 8802 0317
Email: Sm.Hosseinian@yahoo.com

Company Name: OPTA

Company Activity: Manufacturing of orthopedic prosthesis
Address: Apt.3. No.2, Maragheh Alley, Villa St., Enghelab Ave, Tehran, Iran
Tel: +98 (021) 88800150
Email: info@opta.info

Company Name: Shafayab gostar(Bohering ingelheim)

Company Activity: Importing drugs
Address: No :8,Golshan Street, Khoramshahr Street, Tehran
Tel: +98 (021) 8876 4949
Fax: +98 (021) 8851 7605
Email: info@shafayabco.com

Company Name: Dr.Athari Mri Center

Company Activity: MRI(1.5 tesla), MRI(open), CT.scan(spiral),
Sonography(Color Doppler,3D), Mammography, Radiograpy, Bone mineral densitometry, EEG,EMG-NCV
Address: No.35, Hojat Alley, FAJR St., Motahari Avenue, Tehran, Iran
Tel: + 98 (021) 8882 4724 +98(021) 8834 7477
Fax: +98 (021) 8884 1449
Email: info@atharimd.com
Web Site: WWW.atharimd.com

Company Name: Shafayab Gostar

Company Activity: Pharmaceutical importation
Address: Shafayab Gostar Co, No.275, Beheshti Ave., Tehran,Iran.

Tel: +98 (021) 88744119
Fax: +98 (021) 8873 9276
Email: WWW.shafayabco.com

Company Name: Tajhiz Teb Barman

Company Activity: Medical Equipment
Address: No 2 –Alvand DeadEnd – Shariati Street –Tehran,Iran
Tel/Fax: (021) 22216169 – (021) 22691634
Email: tajhizteb.barman@gmail.com

Company Name: Kimia Teb Rahavard

Company Activity: Advanced Medical Laser Equipment Provelder
Address: # 21, No.1, Ershad Alley, Next to Hosseynieh Ershad,Shariati St.,Tehran, Iran
Tel/Fax: +98(021) 2289 4087 - +98(021) 2289 5963
Email: info@Kimiabco.com

Company Name: Sandoz

Company Activity: Pharmaceutical Company
Address: 5th Floor ,Soraya Bldg , #10 Pardis St.,Mollasadra Ave, P. Code: 1991915613 Tehran -Iran
Tel: +98(021) 8877 4200
Fax: +98(021) 8879 2651
Email: WWW.behestandarou.com

Company Name: Royan Institute

Company Activity:
Address:
Tel: +98(021) 22339936
Fax: +98(021) 22339958
Email:

Company Name: Darmanyab Darou

Company Activity:
Address:
Tel: +98(021) 88792695
Fax: +98(021) 88792658
Email:

Company Name: Raha Darman Mehr parse

Company Activity: Medical Devives & Disposable products
Address: No, 14, Day Al, 6th St, Iran Zamin Blvd, Shahrak Qarb, Tehran, Iran
Tel: (+98) 21- 88368183-90
Fax: (+98) 21- 88083537
Email: info@RahaDarmanMP.com

Company Name: Hani Teb

Company Activity: Orthosis & Prosthesis
Address: Apart3, No 12, 20th Gandi St, Vanak Sq, Tehran, Iran
Tel: (+98) 21- 88795641
Fax: (+98) 21- 88840329
Email: info@haniteb.com

Company Name: Helal Teb CO.LTD

Company Activity: Exclusive Representative of DemeTECH Corporation
DemeTECH CORPORATION is a World -renowned leader in surgical sutures and Blades in USA
Address: No15 - 3th floor - shariati building - No 1001 - shariati st - Tehran - Iran
Tel: (+98) 21- 2286622
Fax: (+98) 21- 22852971
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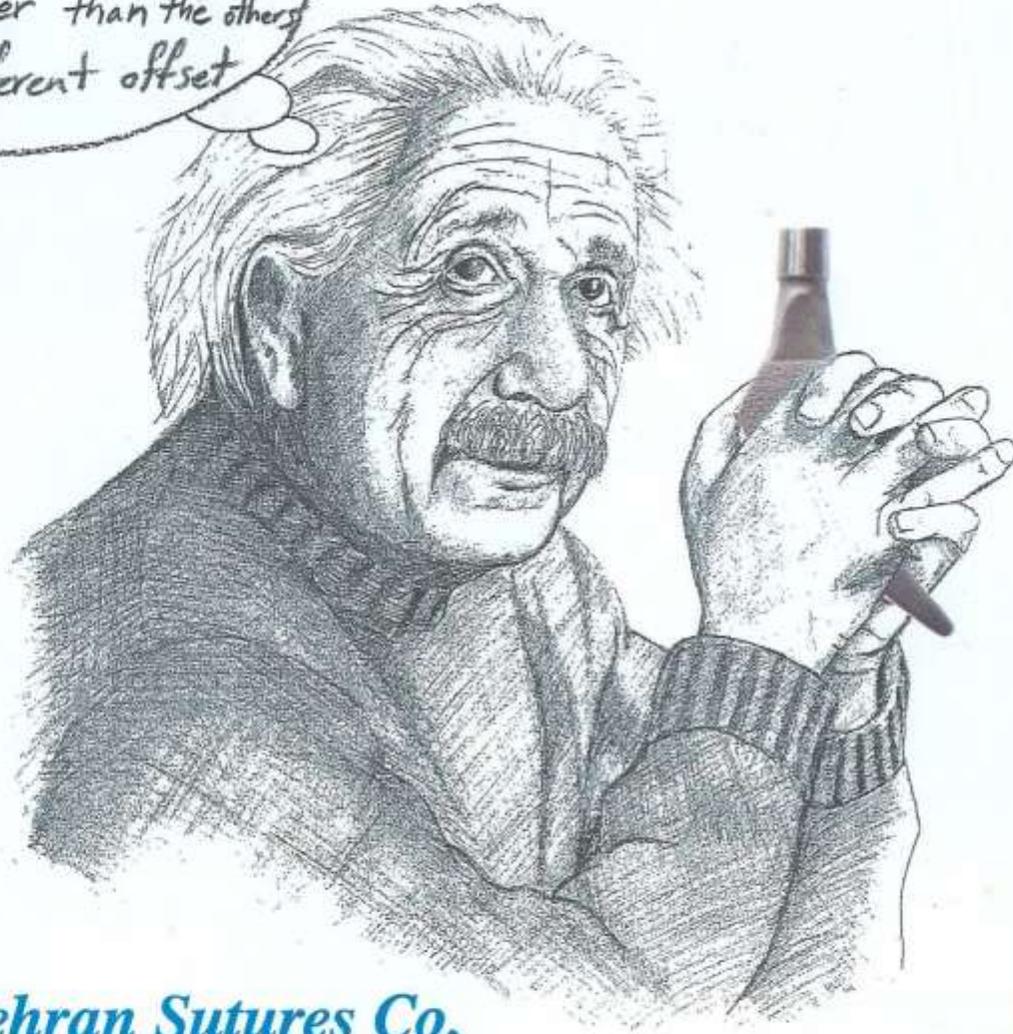
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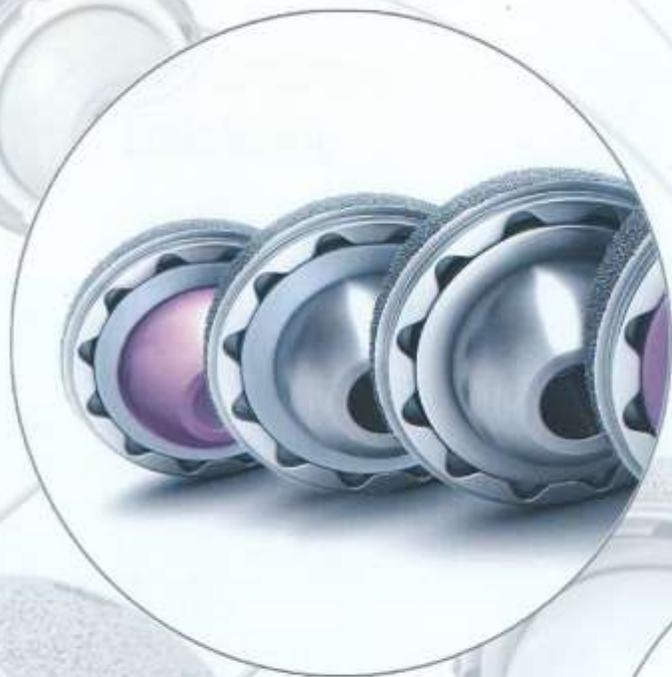
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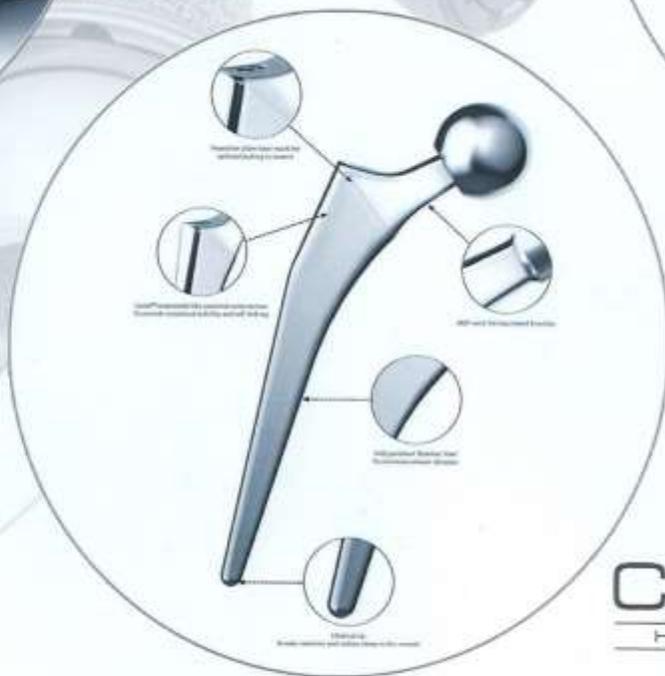
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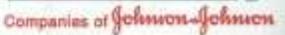


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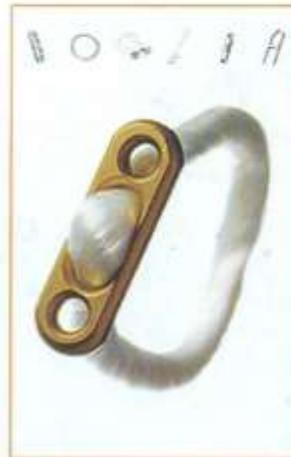
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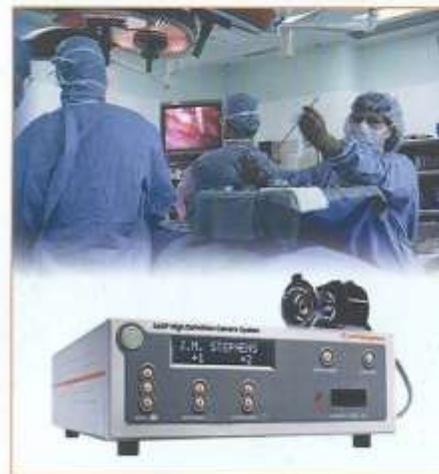
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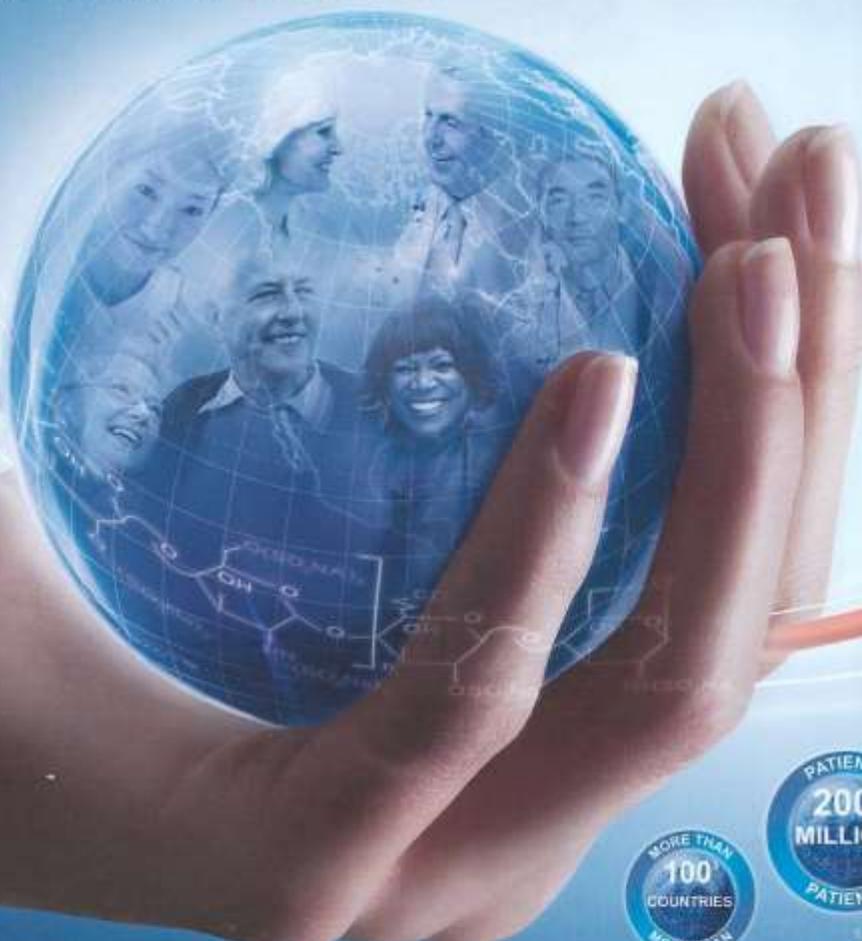
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References: 1. FDA insert leaflet 2. EMA insert leaflet 3. Sanofi-aventis, Data On file



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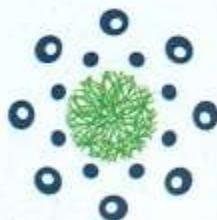
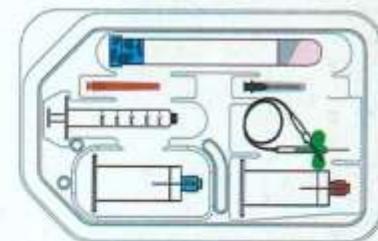
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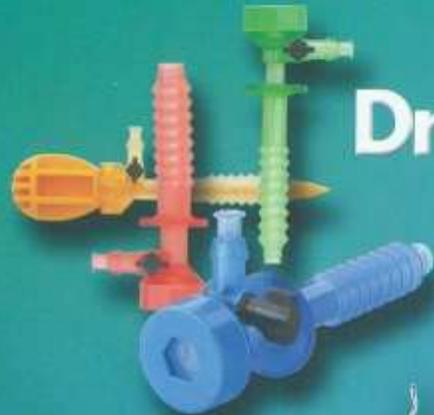
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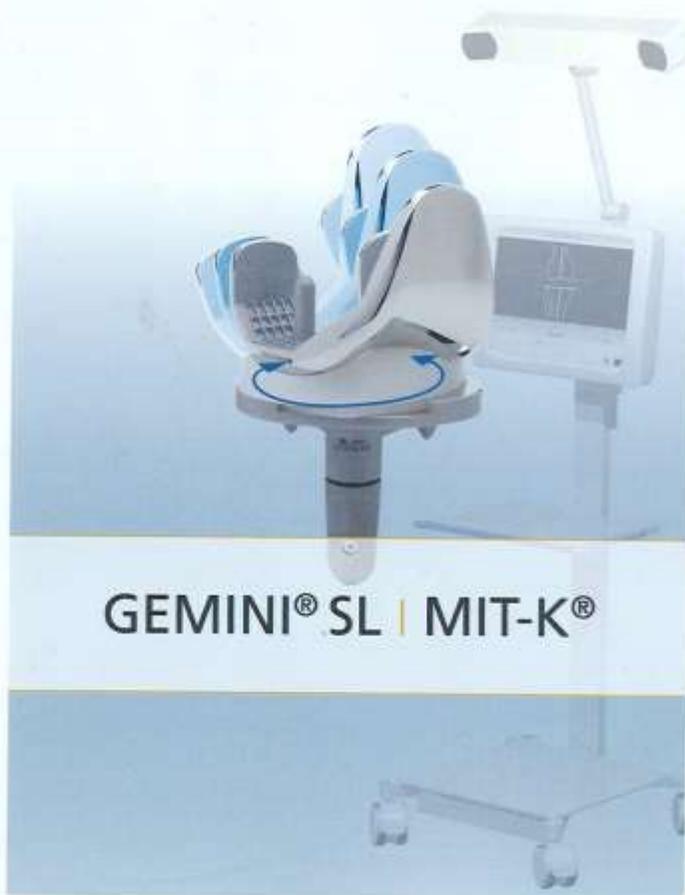
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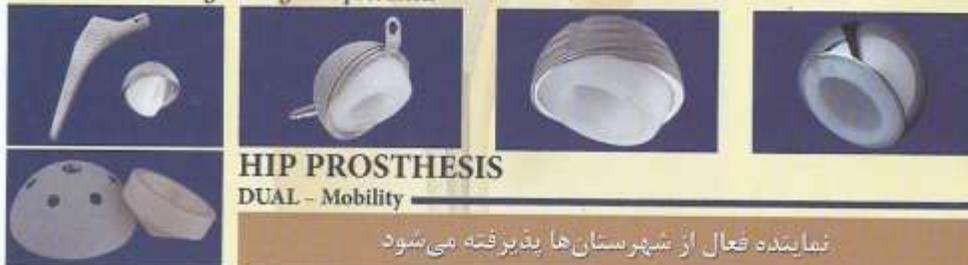
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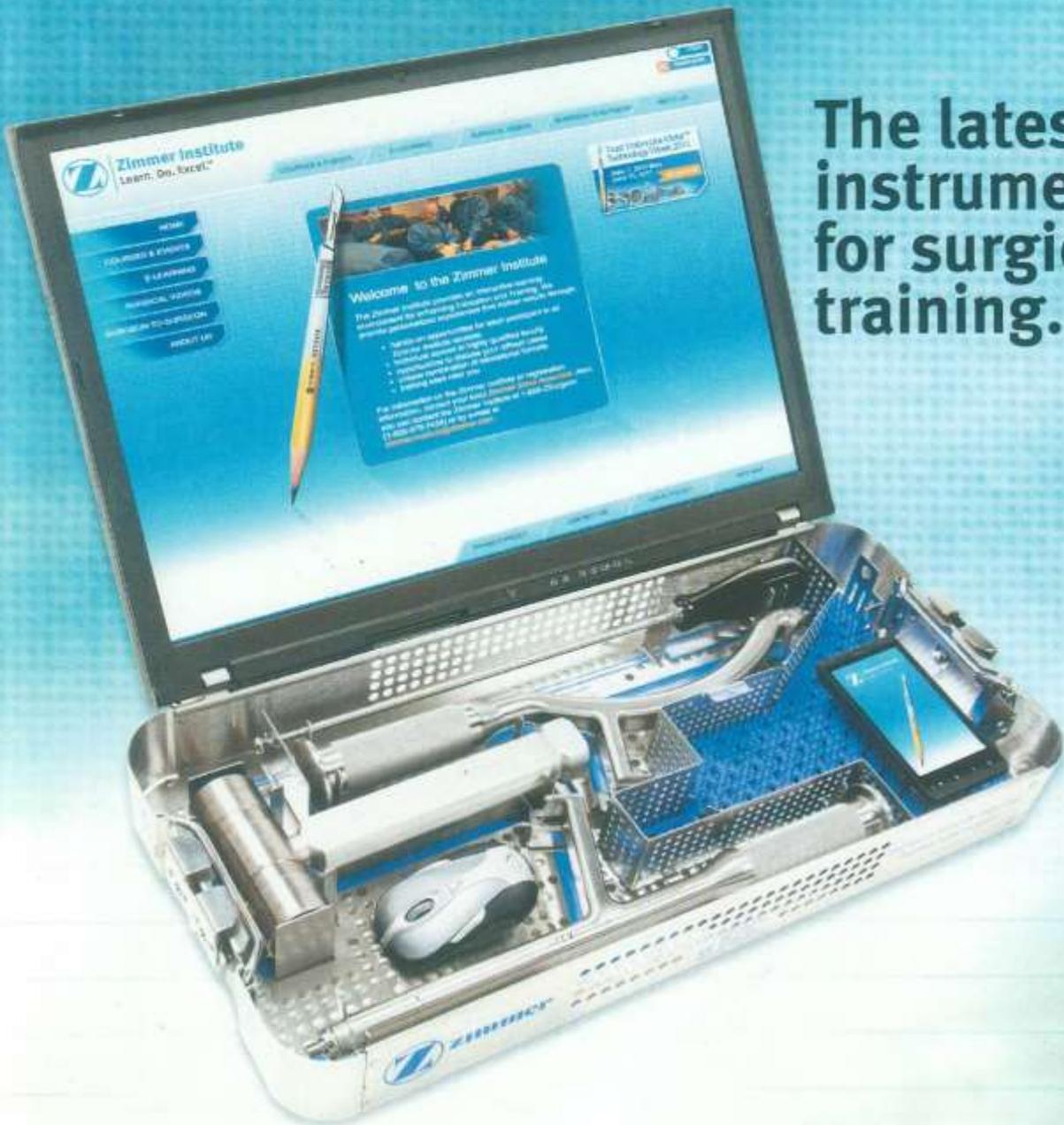


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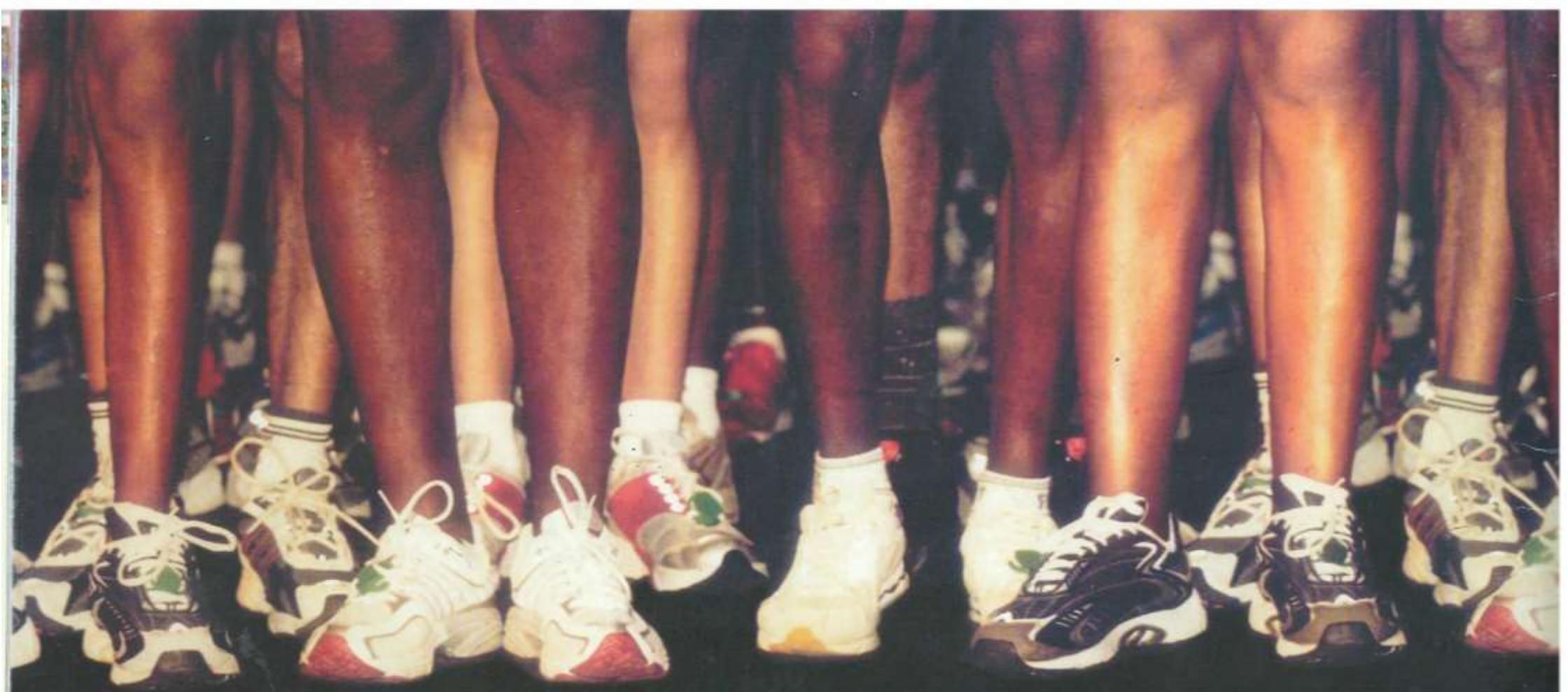
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